

# The Carillon Newsletter

November 2020



Dear Church,

Today I was talking with a person briefly and they mentioned in their morning routine doing a gratitude journal. I had heard many times before from friends and memes about gratitude journals. As I sit here though writing this letter for our "Thanksgiving Carillon" that idea came back to me. What am I thankful for? Some of us traditionally sit around our dinner tables and share with our family and friends the answer to that question every Thanksgiving. What are we thankful for? This year these tables might be empty for you, or someone is missing from it. Maybe due to COVID you cannot gather this year, because of safety. Not only can we not share a meal, but we cannot share what we are thankful for with each other.

But why only share that answer once a year? Maybe God is calling us to daily give thanks? What would it be like to fill out a gratitude journal daily or even just take a minute to give thanks to God for the few things right now that are good during this time in your life? I used to think these gratitude journals are some trite fad, but now I understand why people do them. *(continued on Page 2)*

### Note from Council

**Please wear a mask inside both church buildings at all times. This is a requirement, and we must respect it. Please keep our church safe and respect this rule.  
Thank you for wearing your mask.**

*Welcoming all to a  
faith community of  
service and love.*

### Church Staff

Rev. Michelle  
de Beauchamp  
*Senior Pastor*

Teri Julian  
*Administrative Assistant  
& Bookkeeper*

Kari Hasbrouck  
*Music & Worship Director*

Troy George  
*Choir Director*

Lillian Matheson  
*Coffee Hour Minister*

Cathy Kallio  
*Custodian*

### Council Members

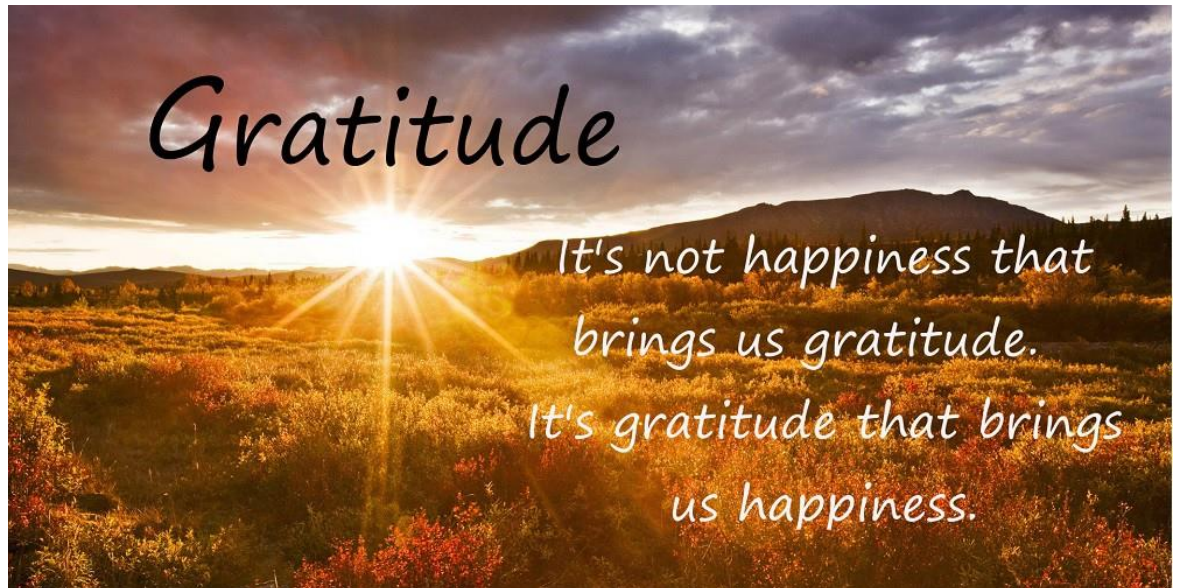
Sue Varland  
Howard Morris  
Eric Shofner  
Tony Enzler  
Ingrid Larson  
Nola Bell  
Sharal Whitecliff

The person I was talking to said it was part of their morning prayer time to give thanks to God and write it all down. It was something that helped give meaning for them in the midst of the pandemic. What a powerful idea to start our days with giving thanks. This idea pulled me back to a passage in Philippians I find to be a good reminder:

*“Rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.” -Philippians 4:4-7*

Maybe right now God is calling us to reorient ourselves to what is truly important in our lives. There is so much out of our control right now. It does not feel like a “peaceful” time. Why don’t we start our days by giving thanks, so that our hearts can have some peace? I encourage all of you to join me in daily giving thanks this November in our season of Thanksgiving. Let us not reserve our gratitude for one day of the year, but for every day.

Peace,  
Pastor Michelle



# **Weekly Online Schedule**

## **Mondays**

*6:30am - Morning Music*

## **Tuesdays**

*5:00pm - Traveling Through Exodus*

In our world today we face so much chaos and it is hard to find hope when facing the unknown. This story of the Israelites points us to remember God's promise and love endures forever. Join Pastor Michelle weekly through the book of Exodus this Fall. She will read through a passage, share some insight about it, and close us in prayer.

## **Wednesdays**

*10-11am - Virtual Coffee Hour*

*5:00pm - Kids Corner*

Join Pastor Michelle, Baby Claire, Watson the dog and the cats in reading stories from the Bible! We have guests who show up to share stories about friendship, God's love, and Jesus.

## **Thursdays**

*5:00pm - Weekly Psalm and Prayer*

Need a moment of contemplation and peace? Do you need to feel a connection to your faith during this time? Join us right on Facebook or YouTube in reading through the book of Psalms. Pastor Michelle will be reading a psalm and have prayer time afterward. Find a moment of peace for you and God this week and join us.

## **Sundays**

*10:00am - Sunday Worship*

Join us on our Facebook page or our YouTube channel for worship every Sunday.

## Holiday Giving Opportunities & Outreach

We are in unprecedented times where ministry cannot happen how we have done it in years past. But we are the church and knowing all of you we still want to help our neighbors. Council, along with Pastor Michelle, talked about ways we can specifically give back to the community this year and support our neighbors in need. Below are the ways during Thanksgiving and Christmas we are encouraging all to participate in helping.

**Chaplains on the Harbor Fundraiser for a Food Truck.** Chaplains on the Harbor that has partnered with Saron and 1st Presbyterian in the past is raising funds for a food truck. They have even, during the pandemic, used our 1st Presbyterian kitchen to prepare meals that are handed out on Sunday evenings in Aberdeen. Currently, they feed between 120-150 people each Sunday. With a food truck, they would be able to increase the number of meals and be able to reach more people than their current location allows. They are hoping to serve meals in a variety of locations in Grays Harbor County reaching more of our hungry neighbors, while also providing pastoral care and help. During COVID this is especially important, because of the hunger spike that has happened to families with school-age children. In addition, on days the ministry is off, they can use the food truck to generate income to provide money to keep the program going. If you would like to help support this ministry write a check out to Saron Lutheran-First Presbyterian Church and put in the memo line "food truck." We would like to write one check to them at Christmas from our congregation.

**Adoption of 4 Local Families for Christmas.** Pastor Michelle will be reaching out to the local school district to help 4 local families with providing gifts. This year, due to COVID, we are asking for only cash and check donations to the church. This is the safest way to help families during this time. The donations will be divided up to the families and each family will receive a gift card from Amazon, Safeway, and Walmart. Please no physical gifts this year, because we are trying to keep the families and our staff safe.

**Hoquiam Food Bank.** If you feel like you want to give a little help this holiday season the Hoquiam Food Bank can always use some extra helping hands and donations! Contact Linda Borth or the Food Bank to find out how they could use your help!

## PRAYER PAGE

### Psalm 100- A Prayer of Thanksgiving

Make a joyful noise to the Lord, all the earth.

Worship the Lord with gladness;  
come into his presence with singing.

Know that the Lord is God.

It is he that made us, and we are his;  
we are his people, and the sheep of his  
pasture.

Enter his gates with thanksgiving,  
and his courts with praise.

Give thanks to him, bless his name.

For the Lord is good;

his steadfast love endures for ever,  
and his faithfulness to all generations.

### The Great Spirit Prayer

Trans. By Chief Yellow Lark

*Oh, Great Spirit, whose voice I hear in the wind,  
whose breath gives life to all the world.*

*Hear me; I need your strength and wisdom.*

*Let me walk in beauty, and make my eyes ever  
behold the red and purple sunset.*

*Make my hands respect the things you have  
made and my ears sharp to hear your voice.*

*Make me wise so that I may understand the  
things you have taught my people.*

*Help me to remain calm and strong in the face of  
all that comes towards me.*

*Let me learn the lessons you have hidden in  
every leaf and rock.*

*Help me seek pure thoughts and act with the  
intention of helping others.*

*Help me find compassion without empathy  
overwhelming me.*

*I seek strength, not to be greater than my brother,  
but to fight my greatest enemy, Myself.*

*Make me always ready to come to you with clean  
hands and straight eyes.*

*So when life fades, as the fading sunset, my spirit  
may come to you without shame.*

**Amen.**

### **Please keep the following in your prayers...**

The family of Shirley Lysen,  
Pastor Michelle and the family of Phyllis  
Koespell,  
The family of Dave Hunt,  
The family of Joseph Tudor,  
Al Reicks and family, Bishop Jaech,  
Rev. Karen Bates-Olson, Elizabeth Wold,  
Arlene and Rod Kestelle,  
Deacon Marj Olason, Mick Shofner,  
Jeff and family, Carrie Larson,  
Rev. Linda Milks, Christopher Judd,  
Teresa Andrews, Yvonne, Judy Brady,  
Kim Conrad, Randy & Debbie Borjesson,  
Sharal Patton, Cathy Kallio, Bob, Dan,  
Randy Manley, Karyn Elayne Turner,  
John & Kathy Converse, Taylor Julian,  
Vada Kohn, Sarah Leigh Blomgren,  
John Sullivan, Gus Schmidt,  
Michael Fleming, JoJean Young,  
Steven McFail, Alex Reid and family,  
Brendan, Toni Black, Crissy, Gary Evans,  
Doris Rosenbach, Tom Petrich,  
Connie McCroskey, Val Rhodes,  
Arbie & Bonnie Irwin, Mackenzie Murray,  
Wayne Carter

### **Sun Prayer by Fr. Charles Flood**

Great Spirit, our God and Father,  
be the center of our lives today.  
You fill all the emptiness of space.  
May the sun today be a healthy  
healing warmth for us that we, in  
turn, may become healers of each  
other's hurts. **Amen.**

## **WEDNESDAY VIRTUAL COFFEE HOUR**

Every Wednesday at 10am meet us on Zoom for “face to face” fellowship. On Mondays or Tuesdays when the Rose Blast is published, the link for the Zoom conference will be included. You do not have to have a computer to join as there is a way to simply call in. Please contact the office if you have any questions.



## **FROM THE OFFICE**

During this unprecedented time of change in our daily lives, we want you to know that we are expecting questions. Please ask for help with anything that you may need, especially when it comes to technology. We have the knowledge and resources to help. **If you have questions about Zoom, we can answer them (you could even practice with your Admin during the day).** If you would like to watch worship on a DVD, we are able to get a Worship DVD to you. If you do not have a DVD player, or internet, please contact the office. We can help. We want you to get everything out of what we can give right now. Please email or call the office. The building is closed, but we are available.



## **YOUR VOICE IS NEEDED**

We are hoping to put Christmas Carols sung by our own voices into worship service in December. If you are at all interested in taking part in the joyful noise, we would love to have you participate. Please contact Pastor Michelle or the office if you are interested and we will work out the details.

## **NATIVE AMERICAN CELEBRATION WORSHIP**

Please tune in to worship on Sunday, November 22<sup>nd</sup> for a special Native American Celebration worship. This will be our 3<sup>rd</sup> year that we have had this special Sunday service to honor those whose land we live on and to give thanks for our Native brothers and sisters.

# November @ Home with Saron-1st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All *in-person* activities and Worship is postponed. Please see schedule below for <b>online</b> services. They can be accessed on our Facebook page: <a href="https://www.facebook.com/Saron1st/">https://www.facebook.com/Saron1st/</a> as well as on our YouTube channel: <a href="https://www.youtube.com/channel/UCZNdVOZECCOpZ0ZZQBVU2Zg">https://www.youtube.com/channel/UCZNdVOZECCOpZ0ZZQBVU2Zg</a></p>						
1	2	3	4	5	6	7
10a Virtual Worship  <b>ALL SAINTS' SUNDAY</b>	630a Music w/David	5p Traveling Through Exodus	10a Virtual Coffee Hour  5p Kids' Corner	5p Weekly Psalm & Prayer		
8	9	10	11	12	13	14
10a Virtual Worship <b>w/Communion</b>	630a Music w/Kari	5p Traveling Through Exodus	10a Virtual Coffee Hour  5p Kids' Corner	5p Weekly Psalm & Prayer		
15	16	17	18	19	20	21
10a Virtual Worship  <b>Council Meeting</b>	630a Music w/David	5p Traveling Through Exodus	10a Virtual Coffee Hour  5p Kids' Corner	5p Weekly Psalm & Prayer	<b>GHC Symphony Concert - Bill Dyer, Conductor</b>	
22	<b>23</b>	24	25	26	27	28
10a Virtual Worship  <b>NATIVE AMERICAN CELEBRATION SUNDAY</b>	<b>Staff is taking this week off...Happy Thanksgiving!!</b>					
29	30	31	<p><b>The December Carillon will be published on Thanksgiving Day. We want to make sure you have all the Advent and Christmas information available early.</b></p>			
10a Virtual Worship <b>w/Communion</b>  <b>ADVENT 1</b>	630a Music w/Kari	5p Traveling Through Exodus				

## **NOVEMBER BIRTHDAYS**

2-Nov Melinda Dyer  
2-Nov Jimm Royal  
4-Nov Kay Sund  
4-Nov Kyle Smith  
6-Nov Jeannette Bruun  
6-Nov Robin Nessa  
7-Nov Lynn Tangvald  
7-Nov Sadie Gaddis  
8-Nov John Rhodes  
10-Nov Stephanie Reime  
12-Nov Sherrilyn Owzarski  
13-Nov Ingrid Larson  
14-Nov Leif Tangvald  
18-Nov Mardi Krusemark  
21-Nov Jerry Erickson  
21-Nov Kirk Sund  
24-Nov Phil Olafsen  
25-Nov Maura Bruun  
25-Nov Dan Varland



## **Council Meeting**

Next Council Meeting will  
be November 15th.



## **Assisting Minister Schedule**

Please stay home and stay healthy! We will be together again! If you would like to read for online worship a prayer or readings contact Pastor Michelle via email!





## Union Gospel Mission Dinner

***November 16th***

**Team 1** will be organizing the *November* meal for the UGM Dinner.

### Our Union Gospel Mission teams need YOU!

Here is a current list of the teams and list of dates each team is serving. You will see that we can use more volunteers! If you are unsure about whether to volunteer, keep in mind that each team prepares and delivers a meal to the mission **only** three time a year, just once every four months. (During the Covid crisis, we are no longer serving the meal...just providing it.) The date of the meal is always the third Monday of the month. The meal consists of a main dish (traditionally Tator-Tot Casserole from the Saron cookbook), bread, salad or seasonal fruit, dessert, and beverage (milk and juice). The teams pick a menu and divide up the jobs: 3-4 for main dish, someone for milk/juice, someone for bread, someone for salad, and dessert. Often one or two members offer to drive the meal over to the mission. That's all there is to it! If you have any questions, give me a call.

360-591-4716 (c) or 360-533-4644 (h)

Note for those individuals already on a team: If you on a team and need to make a change from what you see on this list, please call Teri in the church office (360-532-4611) -Sue Varland

Team 1	Team 2	Team 3	Team 4
Gretchen Klein	Jeannette Bruun	Mary Morris	Marilynn Anderson
Eric Shofner	Karla Johnson	Linda Borth	Linda Borth
Diana Petrich	Sherri Owzarski	Ruth Hamilton	Jeannette Bruun
Becky Root	Nancy Rowley	Mike Erkkinen	Barbara Fairchild
Maggie Larson	Sue Varland	Pastor Michelle	Sue Swantek
Shirley Ward (baking)	Sharal Patton	Marcia Smith	Maurita White
Doris Ellingson (baking)	Ingrid Larson	Carrie Larson	Teri Moody

**Team 1**

November 16, 2020  
 March 15, 2021  
 July 19, 2021  
 November 15, 2021

**Team 2**

December 21, 2020  
 April 19, 2021  
 August 16, 2021  
 December 20, 2021

**Team 3**

September 21, 2020  
 January 18, 2021  
 May 17, 2021  
 September 20, 2021

**Team 4**

October 19, 2020  
 February 15, 2021  
 June 21, 2021  
 October 18, 2021

## Collecting Hygiene Items

We are still collecting hygiene items for our friends who come to the community meal. Once we can host again, these items will go fast. Looking forward, we could use a bit of sunscreen/sunblock and lip balm. **We would also like to add masks to our stock.** Socks & hand/feet warmers are always appreciated. We would also like to be able to provide soap, shampoo, feminine products, toothbrushes, toothpaste, deodorant, and pet food (we split up bags into baggies, feel free to donate a large bag). Protein bars, granola bars, instant coffee and hot chocolate are a nice touch as well. Please contact the office to schedule a time to bring your items. Thank you for your generous hearts!

## Property Reports

### Parsonage

Pastor Michelle and Phil have been having a terrible time with their refrigerator lately and it finally gave up. Their new fridge was purchased and reimbursed with property fund moneys and is serving them quite well.

### Rose Center (1<sup>st</sup> Presbyterian)

A Committee is now in place to maintain the facility going forward. Plans are in the works to really bring this building into its full potential as a retreat and a working community center. There will be calls for work parties in the future so that we can be up and ready by spring. We need to scrape, sand, and refinish the wood floors. Baseboards and lighting need to be addressed. The garage needs to be turned into functioning storage. We also need to acquire certain types of furniture and accessories. If you are out and about and come across any good deals on desks, luggage racks, bed frames, chairs, small tables, storage shelving for the garage, hangers, inflatable beds, ALL WHITE sheets, pillowcases, towels, hand towels and washcloths...we may be interested. Reach out to LouJean or Teri. If we think it's a good idea, we can reimburse you or run out and pick it up.

## Saron

**Thank you very much to John and Carrie Larson for their work on the back of the building repairing and painting windows.**

**The new heat pump is working great! Your staff is quite grateful!**

**There are more projects to do!** If you are interested in receiving Property Committee emails and are willing to put your hand up to help, please let the office know. You will be added to the email list and receive occasional notifications of projects that need to be done.

### October Contributions

**\$11,728**



### October Finance Recap

Gen Fund Income: \$11,728

Normal Expenses: \$9,445

Difference: \$2,283

**Thank you for mailing in and dropping off your contributions!  
We can do this!**

#### **Office Hours**

The office is currently closed. Please contact the office if you need access.

#### **Saron Lutheran-1st Presbyterian Church**

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