

# The Carillon

# March 2025 – The Lent Edition

Dear Church, I urge you to not do Lent alone this year in 2025. Let me explain why...

#### The History of Lent

The season of Lent is an ancient early church practice, which came about after the Council of Nicea in 325 CE. This is a part of our liturgical calendar that calls us for 40 days to prepare for the resurrection of Jesus on Easter. Why is it 40 days long? It is a period of 40 days to reflect and emulate in our lives the Bible stories about reflection and pilgrimage. Here are the biblical examples of this: Jesus spent 40 davs in the wilderness being tested; Moses' soiourn to Mountain Sanai; Elijah's journey to Mount Horeb; Noah's flood; Jonah's call to Nineveh to repent. These 40 days between Ash Wednesday and Easter, is a time for us as a church to make time to nurture and reflect deeply on our discipleship of following Jesus.

Lent has traditionally been practiced through rituals of prayer, fasting, almsgiving (giving of money or food to others) and selfexamination. When we intentionally participate in Lent, we are part of this ancient tradition of the early church, and it was not done alone! No! People in the ancient church individually reflected and prayed alone, but this was mainly done communally. They regularly gathered and participated in the life of the church. {continued...} Welcoming all to a faith community of service and love.

#### Church Staff

Rev. Michelle de Beauchamp Senior Pastor

Teri Julian Administrative Assistant, Bookkeeper & Custodian

Kari Hasbrouck Music & Worship Director

> Troy George Choir Director

Sue Swantek Wednesday Coffee Hour Host

#### **Council Members**

Ruth Hamilton, President Ray Kahler, Vice President Mike Erkkinen, Secretary Bailey Cavender, Treasurer Sharal Patton Teri Moody LouJean O'Brien Patti Barker Randall Daugherty

#### Participate in Lent

Lent is a season we can spiritually, mentally and the communally regroup and recenter. Please reread that previous sentence. With how chaotic this world is right now and so many unknown we desperately need community and THAT is what the early church practiced and taught. To practice our faith in community. So I repeat myself again, please do not do this season of Lent alone. How can you participate? Join us in the weekly Sunday worship (in-person or online). Come to Adult Education and Soup Lunch during Lent. Join us in our weekly contemplative Lent worship (in-person or online) on Wednesdays. Get a daily Lent devotional and join us in talking about it at centering time on Tuesdays.

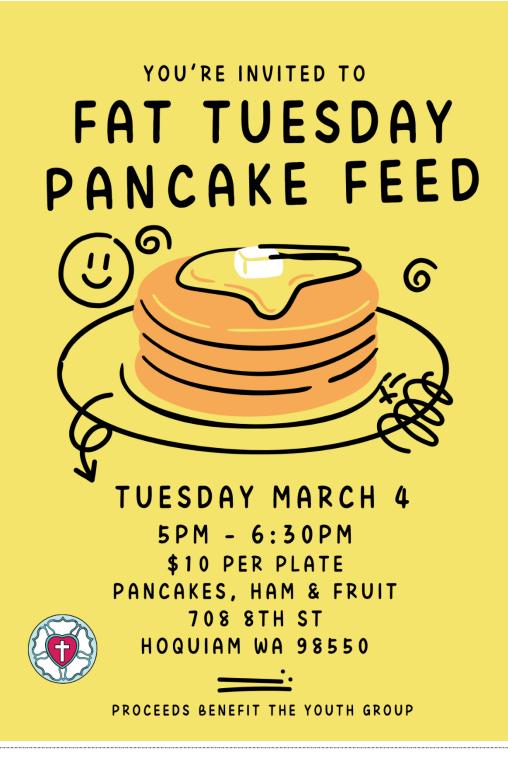
If during Lent you are exhausted or overly busy, or if you are dealing with trauma or chaos right now, give yourself the gift Lent.

These 40 days are a wonderful way to practice some self-care by joining us in church and/or creating daily space for rest and meditation (or just taking more naps if you need it). This is a time for each of us to find renewal and regroup and ground ourselves in our faith.

How are you feeling called this Lent to allow space to reflect and connect to your faith and to do this in community? How is God calling you to be intentional this season of Lent?

Peace, Pastor Michelle







EVERYONE IS WELCOME

1:00PM MARCH 5, 2025

SARON LUTHERAN-1ST PRESBYTERIAN CHURCH 708 8TH ST., HOQUIAM WA 98550 WWW.SARONGRAYSHARBOR.ORG

reflect & renew

LET'S PREPARE TOGETHER FOR THE CELEBRATION OF JESUS' RESURRECTION



#### Lent Contemplative Worship Service

Wednesdays March 12<sup>th</sup>-April 9<sup>th</sup> at 1pm

Every Wednesday at 1pm we will have a weekly (30-40 minute) contemplative worship service. Please join us for this time of quiet prayer, music, reflection, and centering. We will hold this upstairs in the sanctuary. If the elevator is not working, we will have it live streamed downstairs. Ash Wednesday Worship Service March 5<sup>th</sup> at 1pm

Please join us for a traditional Ash Wednesday Worship Service at 1pm in the sanctuary. If you cannot attend and would like to still receive ashes Pastor Michelle will be here with them that day from 9am-2pm.





#### Lent Daily Devotionals

We will have at Ash Wednesday Worship Lent daily devotionals available from Living Compass. The theme this year is *Living Well Through Lent 2025: Cultivating the Fruit of the Spirit in Heart, Soul, Strength, and Mind*.

> Remember you are dust, and to dust you shall return.

> > From the Ash Wednesday liturgy







LENT ADULT EDUCATION AND SOUP LUNCH

Starting March 5th every Wednesday @ 11:30am thru April 9

708 8th Street, Hoquiam Fireside Boom

SIGN UP SHEET FOR Soup and bread is on the table in Moller Hall

#### Lent Adult Education & Soup Lunch

Wednesdays, March 5<sup>th</sup> - April 9<sup>th</sup> at 11:30am

Join us for Bible Study and lunch. There is a sign-up sheet in Moller Hall for folks to bring soup and bread for this study. More information about the study is on page 9.

# LENT GIVING OPPORTUNITIES



**Noisy Offering** 

March 5th-April 13th during Sunday Service

Bring your loose change to church on Sunday and fill the Youth basket! All proceeds go towards the Sunday School Program, Vacation Bible Camp, Camp Lutherwood and our monthly activities with the Amazing Saron-1<sup>st</sup> Youth Group.

> **During Lent** (March 5-April 12) bring boxes/bags of snacks for our Youth activities. Box is in Moller Hall for your donations.

www.sarongraysharbor.org



#### Sons of Norway Salmon Dinner

Saturday, March 22<sup>nd</sup> 2:00pm & 4:00pm

Call Dixie Thompson for reservations at 360-533-2827.

#### **Gas Cards for Lent**

We are collecting gas cards and monetary donations for the volunteer staff at Harbor Food Pantry who make multiple trips a week from Ocean Shores to Central Park to provide food for hundreds of folks in our community. There is a lock box on the table in Moller Hall for your donation.

MARCH 22, 2025

# SALMON DINNER

Join the Sons of Norway Lodge for our annual Salmon Dinner on **Saturday, March 22, 2025** 

Location: Saron Lutheran Church 708 8th St. Hoquiam, WA 98550

Seating: 2 PM & 4 PM

Cost: Members \$25 (includes one cocktail) Non-Members \$25

Reservations: Dixie Thompson (360) 533-2827



### **AMAZING GRACE EVENTS**



There will be Bread, Salad, Main Dish, Vegetable and Dessert

Eating In:Reservations for our St Paddy's Day Corn Beef and CabbageDinner on Saturday Mar 15, 2025. Call Carmon at 360 590 2703

You may arrive around 5:15 for Social and Dinner at 6 pm. \$25 per person

**Pick Up:** Dinners will be available at **6:30**, to be picked up. Please reserve for **definite reservations** by texting me at 360 590 2703. **\$25 per** 

We prefer to have all the monies by Sunday, March 2, 2025 so we have funds to pay for the groceries and other items needed for the dinner.





#### **Outreach Closet**

We are low on hygiene products and cold weather items. Please consider donating. More than ever, our friends need our help. Along with the usual hygiene products that everyone needs, we are asking you to go through your closets and drawers and consider donating cold weather items to our friends that so desperately need them. If you cannot drop off at the church, please contact the office and we will pick up.

#### **Community Meal**

Our next meal will be on March 26th. Look for the sign-up sheet in Moller Hall on the table. We will need kitchen help, set-up crew, clean-up crew, helpers/servers, donations of bread, salad, dessert, and drinks. The meal runs from 5-6:30pm. Come eat a hot meal & bring your friends!

#### **Union Gospel Mission**

Team 1 is March 17<sup>th</sup>. If you are interested in joining a team, please contact the office.



#### Get A Life (Al-Anon Family Group)

holds hybrid meetings at The Rose Center (210 K Street, Hoquiam) twice a week. Their meetings are open to everyone. Mondays from 6pm-7pm Wednesdays from 7pm-8pm

Get A Life Al-Anon Family Group https://www.southpugetsoundalanon.org/

#### **Harbor Food Pantry**

Giving away food boxes each Wednesday at The Rose Center at approximately 10:30am. Donations of money for gas, and bags for the food giveaway are appreciated. Contact Rick Parker if you are interested in volunteering for this effort. They sometimes need volunteers for set up from 9am-10am.



#### **Coffee Hour**

You are invited to join us for our weekly Coffee Fellowship gathering each *Wednesday at 10am* in the Fireside Room at Saron.

#### L^3+P=(RIOT) Book Club

The Lutheran Literary Ladies plus Presbyterians equals Reading Is Our Thing next meetings will be on March 20<sup>th</sup> at 1:00pm in the Fireside Room at Saron. Join us for snacks and conversation in this casual book club.

#### **Martha Circle**

The next meeting will be held on March 6<sup>th</sup> at 1pm in Anderson Hall. Join us if you would like to be a member of this wonderful ministry that serves this church in so many capacities.

#### Choir

Choir rehearsals are *Wednesdays at 6:30pm*. Come join us to make joyful noise to the Lord! All abilities and ages are welcome.

#### **Adult Education:**

Lent Study and Soup: Stories of Hymns Wednesdays at 11:30am March 5<sup>th</sup>-April 9<sup>th</sup>

Ever wonder what the story is behind a hymn or song we sing in church? Are the lyrics and music written at the same time? Why does it have a certain image or phrase? Come and learn about the stories behind some of our most beloved hymns this Lent. We will be having a soup lunch (please sign up to bring soup) and then following this will be our Lent Contemplative Worship.

#### **Girl Scouts**

Girl Scout Troop #40949 will be utilizing The Rose Center for their weekly meetings on Thursday evenings and occasional special events. Our agreement has this wonderful troop caring for the grounds at The Rose Center. If you have a child you would like to have join this Troop, contact Teri in the office for information.

### From the Beginning of Time

Jesus,



you have known us from the beginning of time, you have known us in the depths of our dreams and in the darkness of our shame,

you know us as your beloved.

Help us to own that core identity more and more in this season of repentance and mercy.

Give us the rock-solid assurance of your unwavering faith in us as we seek the same in you. Amen.

# **Prayer for Peace**

We pray to God to eradicate all the misery in the world: that understanding triumph over ignorance, that generosity triumph over indifference, that trust triumph over contempt, and that truth triumph over falsehood. Amen.

# The Hope of Spring

God, thank you for Spring and the hope of warmer, longer, brighter days.

Thank you for the coming of growth and life and birth. Thank you that things are coming awake in the world. This is what our calendar says, and we do see some signs that it is real. But we also still struggle with the residual layover of winter. Now we ask that you bring into reality all that belongs in this season. Your word says that we will have provision, and hope, and joy, and health and loving relationships here and now in this life. We ask that what belongs in this season would become actual in our practical lives. We hope in you and in your promises. We hope in your gift of Spring. Amen.

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10a Worship		10:30a	11:30a Lent Adult	Circle		
w/Sunday School		Centering	Education & Soup			
9		Time at	Lunch			
11a Birthday		The Rose Center	1p Ash Wednesday			
Fellowship		Center	Service			
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		Pancake	6:30p Choir			
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10a Worship		Time at	Lunch			
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			6:30p Choir			
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SUN	MON	TUE	WED	THU	FRI	SAT
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TRANSFIGURATION OF OUR LORD	5:30p-7:30p GAL AFG	MARDI GRAS- FAT TUESDAY 10:30a Centering Time	ASH WEDNESDAY 10:30a Harbor Food Pantry 6:30p-8:30p GAL AFG	5-8p Girl Scout Troop 40949	5p Pastor Mey Confirma tion Retreat →	Pastor Mey until 6p
9	10	11	12	13	14	15
1 LENT DST BEGINS	5:30p-7:30p GAL AFG	10:30a Centering Time	10:30a Harbor Food Pantry 6:30p-8:30p GAL AFG	5-8p Girl Scout Troop 40949		
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#### **Assisting Minister Schedule**

We have an Assisting Minister Binder that is available for you to sign up to assist at worship service on Sundays and special services. This Binder is available in the Center Hall on the table.

Lector: Reads the 1 or 2 readings that will be posted on the lectern.

Usher: Preps Worship space with candle lighting, hymn numbers, unlocks all doors & double checks elevator. Hands out bulletins to incoming parishioners. Sits in the back of the Sanctuary to oversee the service. Walks the aisle with donation plate during the offering. Records congregation count and collects tithes from offering plate. After worship – lock main doors, blow out candles & turn off lights. Attendance Record slip and all tithes are put in bank bag & given to Pastor or Teri.

**Greeter:** Stands in narthex to greet incoming parishioners and makes newcomers feel welcome.

**Altar Guild:** Preparation & clean-up of communion wine & bread This position is assigned. If you cannot make it on the day you are scheduled, please contact another Altar Guild or the office.

**Communion Asst:** Delivers the wine during Communion.

**Altar Flowers:** Brings flowers for the altar vases & arranges them before worship.

**Fellowship Host:** Set-up and clean-up for fellowship. Makes coffee & tea, brings goodies.

(If help is needed with the coffee pot, just ask) Teams are set-up and assigned. Contact your team members if you are not available on the day your team is scheduled.

**Sunday School:** Leads the Sunday School lesson for that day. Schedule made quarterly. If you would like to teach the kids, please contact the office for the Safe Space Policy and a background check.



1st - Mike Lentz 5th - Toni Black 6th - Teri Julian 6th - Elisabeth Enzler 6th - Kora Rhodes 8th - Gary Smitt 17th - Kari Hasbrouck 24th - Tracy Pelan 24th - Kacey Pelan 25th - Marcia Smith 25th - Callie White 26th - Keith Worsham

March

**Birthdays** 

#### Saron-1<sup>st</sup> Birthdays

We celebrate monthly birthdays on the first Sunday of the month during Fellowship. Cards are available to sign during the first 2 weeks of the month on the card table in the corner of Anderson Hall. Please take a moment to sign the cards as they bring joy to our friends!

# **Property Notes**

#### Property Meeting on April 22<sup>nd</sup> at 6pm in the Fireside Room.

#### **Property Issues?**

There is a Property Maintenance binder and a corresponding clipboard on the literature table in Moller Hall. The clipboard will contain forms that you can fill out with maintenance requests. We are asking you to put as much detail as you can about your request on the form as well as your name, phone number and date requested. The forms will be reviewed, and they will be noted when the work has been worked on or completed. We are hoping this will make a better trail for maintenance needs and completion, from here out. Also, for those that are looking for something to do and want to help at the church, you will be able to look in the book and see if there is a task that you would be willing to take on, complete the task and sign and date the form. This will hopefully make things easier for everyone moving forward.

#### **The Rose Center**

We are proudly hosting Al-Anon & Girl Scout meetings, workshops, safe visitation space, some catering/baking, celebrations of life, meditation, bridal showers, clergy overnights, and a few birthday parties (it's a great spot for a party)!

If you or your group needs a space, contact Teri in the office at (360) 532-4611 or email <u>sarongraysharbor@gmail.com</u>.

# Saron-1<sup>st</sup> Council

The next Council Meeting will be March 9th, after worship service.

**Office Hours** Mon - Thurs 9:00am – 1:00pm Saron - 1st Church Office 708 8<sup>th</sup> Street P.O. Box 517 Hoquiam, WA 98550 (360) 532-4611 sarongraysharbor@gmail.com www.sarongraysharbor.org **The Rose Center** 210 K Street P.O. Box 517 Hoquiam, WA (360) 637-9451